

5 TENETS OF TAEKWONDO

COURTESY

Courtesy means to respect all people at all times. Taekwondo students need to act with courtesy in the Taekwondo school and everywhere else in their lives.

INDOMITABLE SPIRIT

Indomitable Spirit means having a winning attitude. Tae Kwon Do students need a "Yes I Can" attitude in everything they do. To always be the best we can put 100% into everything we do.

INTEGRITY

Integrity means doing the right thing because it's the right thing to do, even when no one is looking. Taekwondo students need to practice integrity to remain true to themselves at all times.

SELF-CONTROL

Self-Control means to be the master of you at all times. To remain level-headed in every place in life. Taekwondo students need to exhibit self control, so they don't use their skills in a bad way.

PERSEVERANCE

Perseverance means once you start something to never give up until it's over. Taekwondo students should always work towards a goal and stop at nothing to achieve it.

